

"And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him." Colossians 3:17

*"So whether you eat or drink or whatever you do, do it all for the glory of God."
1 Corinthians 10:31*

Below are a few guidelines that we hope your group will follow while doing ministry through the Southern Region Baptist Association. We realize that most groups put together detailed guidelines, rules and a dress code when preparing for a mission trip; however we hope that you will incorporate these guidelines into your Mission Trip plans.

We want to make sure that we represent Christ in all we do. We also want to make sure that we protect the integrity and the morality of this ministry and all persons involved. We want to make sure that the people we come in contact with see "Christ" in us and in all the mission team members that work with us.

Clothing Guidelines "MODESTY" is the key.

- Shorts need to be **knee length (or just above the knee)** during VBS, or while doing door to door evangelism (we must insist that you follow this guideline).
- Females should wear knee length skirts or dresses or you may wear long pants or Capri pants for any church services. Males should wear long pants or nice shorts. Please wear nice, modest shirts or blouses.
- Females **should not** wear shirts that have revealing necklines or shirts so short that they reveal the stomach area when their hands are raised. No halters or tank tops with low neckline or spaghetti strap tops. Males should wear shirts at all times except when their team leader gives permission to remove them to go swimming.
- Please do not wear clothing with inappropriate writing or advertisements on them. (ex. Beer ads, sexual or profane language, etc.).
- **NO bikini swimsuits (no exceptions)** females need to wear a full piece swimsuit or cover up their two piece with a shirt and shorts. You can wear a two piece suit that has a full tank top and a full bottom. Males should wear long swim trunks. It is your team leader's decision as to whether males must wear a shirt. Please remember that you are still on a "mission trip" even at the beach.
- Please do not wear cut off shorts or shirts with the sleeves cut out except for work projects such as painting or construction.

"Fun Day" clothing - Many teams take a day off for touring or a fun activity. We make the reservations and pre-arrange these days for many of the groups so we ask that even on your "fun days" that you follow these guidelines whenever we have made the arrangements for you. If you wear shorts on these days, please ensure that they are long shorts (a good guideline is to put your hands at your side and make sure the shorts are not higher than the end of your middle finger).

Conduct Guidelines (You are representing Christ... Live Out Loud!!)

- **NO PROFANITY!**
Please guard your tongue... some slang words can hurt your witness also.
- **NO** alcohol or tobacco products at any time.
- We prefer that you don't listen to secular music during your time here but if you must then please be very selective.
- Please refrain from romantic gestures with others (unless it is your spouse).
- Be aware that others do listen as you talk so be careful about the topic of your conversations.
- We prefer that males do not enter the female dorm and that females do not enter the male dorm.
- **PLEASE** clean up after yourself. This includes stacking your own dishes and washing glasses that you use other than at regular meal times. Keep all food and garbage cleaned up in the dorm or you will have problems with insects.
- **PLEASE DO NOT** pursue romantic relationships with any of the locals that you encounter.
- You should not give out any personal information to the locals such as home address or phone numbers. If you want to communicate with someone then give them your church address (at least until you have built a trusting relationship with that person).
- **PLEASE DO NOT** make promises to anyone for future help or assistance of any kind without first discussing this with your host (John and Darlene) and your team leaders.

If you have any questions regarding the guidelines that we have put together, then please contact us.

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Please understand that these guidelines have actually been in place for this ministry even before we became Camp Directors, however we felt that it was necessary to put together a set of official written guidelines.